The Story of Story of

RELATIONSHIPS HEALTHCHECK

This is a simple healthcheck to help reflect on your relationships. A number of statements are made in each section, and you are invited to 'score' an answer for each statement. Feel free to move on to the next statement or section, if you feel the questions don't apply to you. After you have completed it, and if it is appropriate and helpful to do so, you may like to consider talking it through with someone who knows you well.

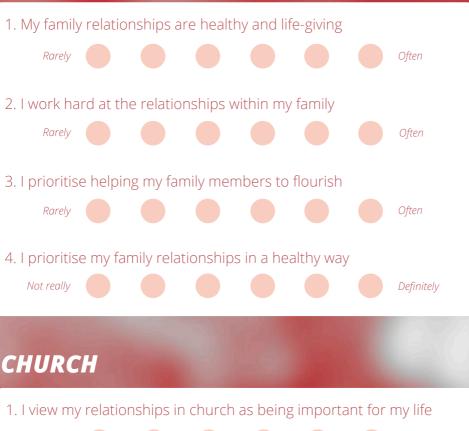


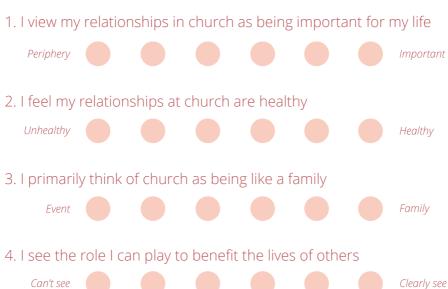
GENERAL





FAMILY (feel free to choose either your immediate or wider family)





WORK



